

# Lesson Plan: Exploring Diversity and Inclusion

## Objective:

Students will understand the concept of diversity and inclusion, appreciate the value of diversity in our communities, and demonstrate respect for people from different backgrounds.



**Grade Level:** Primary School -Ages 12-5

## Materials Needed:

- All The Rainbow's Colours
- Paper and colouring materials
- Whiteboard or chart paper with markers



**Lesson Duration:** Approximately 45 minutes

## Lesson Outline:

### 1. Introduction (10 minutes)

- Begin by discussing what the term «diversity» means. Explain that diversity refers to the differences and similarities between people, including differences in race, culture, language, abilities, neuro-diversity family structures, and more.
- Ask students to share examples of how people can be diverse. Write down their responses on the whiteboard or chart paper.

### 2. Read Aloud or Video (10 minutes)

- Read All The Rainbow's Colours aloud to the Class or show the short video of Emma reading it.
- Pause during the reading or video to discuss key points and ask questions about the characters and their experiences.

### 3. Group Discussion (10 minutes)

- Lead a guided discussion about why diversity is important. Ask students questions such as:
- Why is it good to have friends who are different from us?
- How can we show kindness and respect to people who may look or act differently from us?
- Encourage students to share their thoughts and experiences related to diversity.

### 4. Art Activity (10 minutes)

- Engage students in an art activity that promotes diversity and inclusion. Provide colouring sheets depicting diverse individuals or ask students to draw pictures of themselves with their friends, highlighting their unique qualities.
- Display the completed artworks in the classroom as a visual representation of diversity.

### 5. Conclusion and Reflection (5 minutes)

- Wrap up the lesson by summarizing key points about diversity and inclusion.
- Ask students to reflect on what they've learned and how they can apply these concepts in their daily lives.
- Encourage students to think about one action they can take to promote inclusion and celebrate diversity at school or in their community.



## Homework (Optional):

Encourage students to talk to their families about what they learned in class today and discuss the importance of treating everyone with kindness and respect.